

Welcome to the Vance minute. I'm Joe B. Wiles with the Public Affairs Office...

Technical Sgt Tony (Ek-la-Ve-ah) is a chaplain's assistant at Vance. He is also a Brazilian Ju Jitsu instructor.

Currently his class has six students. And two of those students won medals in the North American Grappling Association tournament in Oklahoma City in June.

Sergeant (Ek-la-Ve-ah) began training in the Brazilian martial art while stationed in Japan in 2002. He enjoys teaching because it allows him to actively support a core value of the Air Force Chaplain Service – creating warriors to face challenges.

Fourteen volunteers from the Wing Staff Agencies prepared and served an Italian meal to 116 Team Vance members during the July Singles' International Gourmet Meal Opportunity on base.

The Italian menu included pasta pinwheels, green beans, coleslaw, garlic-herbed bread and lots of desserts.

Food left over after the feast was delivered to Our Daily Bread in Enid, and fed more than 45 of the shelter's clients.

That's your Vance Minute...have a great Air Force day.